



Carol J Helfer

January 25, 1952 - January 25, 2014

1952 — 2014

Carol Helfer, daughter of Ginger and the late Don Helfer, was born on Jan. 25, 1952, in Tillamook.

She lived in Tillamook County until the family moved to Corvallis in 1963. Carol graduated from Corvallis High School in 1970, and from the School of Veterinary Medicine at Washington State University in 1981. Carol was part of the Portland veterinary community for many years as a general practitioner and president of the Portland Veterinary Association in 1990-91, and president of the Oregon Veterinary Medical Association in 2002.

She sold her practice in 1999 to pursue her passion for sports medicine and rehabilitation therapy. She then started Canine Peak Performance, the first practice of its kind in the state of Oregon, where she introduced therapeutic ultrasound, laser, hydrotherapy (underwater treadmill) and therapeutic exercise physical therapy. These services all are taught in veterinary schools now, but 15 years ago Carol was leading the veterinary community into the future.

She was very familiar with the canine athlete, as that was her passion outside the veterinary hospital. She and her beloved dogs competed nationally in fly-

ball, disc, agility and super-dogs. Carol always volunteered to be on-site veterinarian at fly-ball tournaments, and was widely appreciated for her gentle compassion and generosity for competitors and their dogs.

Carol is survived by her mother, Ginger Helfer of Corvallis; her siblings, Patty Waggener of Atlanta, Ga., and Bob Helfer of Bend; sister-in-law, Susie Helfer of Bend; and two nephews, Steven Waggener of Missoula, Mont., and Jonathan Waggener of Atlanta.

Carol will be remembered for her strength and independence, and for always being on the forefront of something she was passionate about. Carol left us on Jan. 25, 2014, her 62nd birthday, in Portland. Contributions in Carol's memory can be made to the Morris Animal Foundation at morriscaninimalfoundation.org, or to your local humane society.

Tribute Wall

CB

“ Carol and I were married from 1971-1981. It might seem odd for an ex-husband to post a comment. Words escape me.... She was a wonderful human being.
Thank you Carol, for the most treasured memories of my life.

Charlie Baker - June 02, 2023 at 04:44 PM

SP

“ My experience with Dr. Helfer was exceptional! She was brilliant at helping my pug through his water therapy, knowing exactly the right way to guide him. She had such a great way with animals. While she worked with him, I was able to enjoy her dogs. She was warm and easy to engage. She will be missed greatly as a person and our dog community is suffering a loss without her loving touch and thoughtful ways.

S. Wooldridge & Buddy the Pug - February 26, 2014 at 05:24 PM

IW

“ Carol was among the closest of friends in my life, and an extraordinary woman. Though miles and time separated us, we'd always managed to reconnect. I will miss her always. My deepest condolences to her wonderful family...wishing you all peace and loving memories.
Iris (Norgar) Woolley

Iris Woolley - February 14, 2014 at 11:11 PM

NW

“ 1 file added to the album *New Album Name*



Nancy Westrell - February 14, 2014 at 12:19 AM

DG

“ *My condolences to the family. She was too young to lose her so soon, but it appears she had a good life with many accomplishments--as I always suspected she would. I never would have made it through Geometry without her. I have many warm memories of all of you--many nights of board games, hide-and-seek, homework and great friendships through some awful tragedies.*

*Dave Gould
from the old Sequoia Ave Gang*

Dave Gould - February 11, 2014 at 01:31 PM