



## Helen Adamson Nichols

November 3, 1921 - June 10, 2009

Helen Marbell Adamson Nichols, 87, of Albany died June 10.

She was born in Walla Walla, Wash., to Austin and Mabel (Baird) Kyle. She attended grade school in Portland and graduated from high school in Coquille. She married Roy E. Adamson on June 9, 1940. He passed in January 1997. She married Robert L. Nichols on Dec. 2, 2000. He passed in February 2007. Helen was a member of Good Shepherd Lutheran Church, the American Legion Auxiliary and the Mennonite Home Auxiliary Board. She served many years as a Girl Scout leader and with the PTA.

In 1995 Helen was honored as Albany's Volunteer of the Year.

She is survived by her daughter, Carrol Deal of South Beach; brother Howard Kyle of Salem; granddaughters Celeste Pospisil and husband Milos of Roatan, Bay Islands, Honduras, and Denise Deal of Scottsdale, Ariz.; grandson Matthew Deal of Eugene; great-grandson Jacob Pospisil of Roatan; four nieces; and nine nephews.

A memorial service will be at 11 a.m. Wednesday, June 24, at Good Shepherd Lutheran Church, 1910 34th Ave. S.E., Albany. Burial of ashes will be at Willamette Memorial Park.

Memorial contributions may be made to Good Shepherd Lutheran Church or to the American Cancer Society.