



Sandra H. Cramer

October 3, 1940 - September 27, 2025

Sandra (Sandy) H. Cramer, born in Nashua, New Hampshire on October 3, 1940, passed away in the loving presence of family at her home in Albany, Oregon on September 27, 2025. She was the beloved daughter of the late Bob and Muriel Hill and the devoted wife of Stephen D. Cramer. Sandy leaves behind a life rich in love, learning, and community.

A lifelong advocate for education, Sandy attended Beloit College and Montgomery County Junior College – Takoma Park Campus, earned her Bachelor of Science from the University of Maryland, and completed a Master's in Special Education at George Washington University. Before moving from Takoma Park, Maryland to Albany with Steve in 1988, she worked for Montgomery County Public Schools in a program supporting troubled youth.

For more than 30 years, Sandy served as newsletter editor for the Albany Fitwalkers, part of the American Volkssports Association. Her dedication earned her the Oregon Flame Award as an Individual Excellence Nominee in 2014. Through her work, she inspired countless individuals to embrace health and community.

Sandy's life was filled with simple joys—spending time at Merrymeeting Lake in New Hampshire, paddling trips, camping, and hiking with Steve and her

family. She loved pansies, found peace in the Girl Scout song “Peace I Ask of Thee Oh River,” and cherished “Bridge Over Troubled Water” as her favorite song. Her favorite saying, “You can do anything you want but not everything you want, because there just is not enough time,” reflected her wisdom and grace. Her parting words were always heartfelt: “See you.”

Sandy, who was preceded in death by husband Steve, is survived by her loving family:

Children: Lucinda C. Snow, S. Douglas Cramer, and Michelle Cramer (with Nixon Thelusmond)

Grandchildren: Jessica Snow, Susan Snow, Erica Snow, Ian Cramer, and Dylan Cramer

Great-grandchildren: Fiona Snow Martin, Kailynn Snow-Verdon, Lillyauna and Heather deVriend, and Alden Lobell

Sisters: Betsy Gormley and Robin Bales. (Preceded in death by sister Diana Regenthal).

She also leaves behind nieces, grand-nephews, cousins, and extended family, all of whom she cherished deeply.

Her ashes will be lovingly mixed with Steve’s and scattered on her parents’ plot in Nashua, NH, and at Merrymeeting Lake in New Durham, NH—places close to her heart.

A Remembrance for Sandy will be held on Saturday, December 27, 2-5pm, at the family home in Albany, OR. In lieu of flowers, donations may be made in Sandy’s honor to:

Southeast Land Trust of New Hampshire (<https://seltnh.donorsupport.co/page/givetoday>)

Oglala Lakota College (<https://www3.thedatabank.com/dpg/6/spdf.asp?formid=DonateOLC>)

Albany General Hospital Foundation/Hospice (https://give.samhealth.org/site/Donation2?df_id=1480&mfc_pref=T&1480.donation=form1)

Previous Events

Celebration of Life

DEC 27. 2:00 PM - 5:00 PM.

Cramer Family Home
Albany, OR

Tribute Wall

DC

“ I remember seeing Sandy at family gatherings each year at her dad & mom’s house. Sandy & Steve stopped by my house in Yellow Springs several times as they traveled across country. We’d eat out at a funky restaurant-fun times!! We enjoyed each other’s company!!❤️❤�Donna

Donna Caslin - December 05, 2025 at 08:33 AM