



Sheryl A. Helms

November 29, 1952 - April 12, 2016

Sheryl A. Helms, age 63, died in her Corvallis home on Tuesday, April 12.
Please share your thoughts and memories at www.demossturidan.com.

Tribute Wall



“ Lynn Gates lit a candle in memory of Sheryl A. Helms



Lynn Gates - April 27, 2016 at 08:06 AM



I knew Sheryl for 30 years. It started as a work acquaintance but soon became a friendship that I cherished. I watched her go through the loss of both of her parents to cancer. I watched Sheryl lovingly care for her sister Christine as she died of cancer. I enjoyed Sheryl's sense of humor and adventurous spirit when we travel together. I loved her beautiful spirit and love of animals. I will miss you and saddened that I didn't get to say goodbye. Prayers to Sheryl's extended family for their loss.

Lynn Gates - April 27, 2016 at 08:35 AM

AM

“ Sheryl was a mentor. She saw potential in others and instilled confidence in them. She was fair, kind and smart. She was classy and had a presence that I would describe as regal. She molded many careers, including mine, and I will always be grateful to her. Rest in peace Sheryl, you will be remembered.



Amanda Morris - April 18, 2016 at 11:28 PM

KS

“ Sheryl was a driving force in creating the position that began my career in 1992. I will always be thankful for her confidence and belief in my abilities. I am grateful for the opportunity to work and learn from her. I admired her intelligence, communication skills, and commanding presence at meetings. I am saddened by her passing. Rest in peace.

Kim Schlessinger - April 18, 2016 at 06:58 PM

SC

“ Prayers to her family.... I worked with Sheryl - it seemed like often - when I was very active in the nurses' union. I appreciated her way of discussing issues and getting to the point. She was strong and independent; I admired that in her.



Sheryl Oakes Caddy - April 18, 2016 at 04:30 AM

DA

“ Deborah Adams lit a candle in memory of Sheryl A. Helms



Deborah Adams - April 17, 2016 at 12:58 PM

BV

“ Bob & Mary Ann Vanderford lit a candle in memory of Sheryl A. Helms



Bob & Mary Ann Vanderford - April 17, 2016 at 09:54 AM

MH

“ I am saddened to hear of Sheryl's passing . She was always supportive and helpful towards me when we worked at GSRMC. God Bless. Maria Clark Harmon

Maria Harmon - April 15, 2016 at 08:19 PM

LR

“ Lori Rhoton lit a candle in memory of Sheryl A. Helms



Lori Rhoton - April 15, 2016 at 02:52 PM

NB

“ Nancy Bell lit a candle in memory of Sheryl A. Helms



Nancy Bell - April 14, 2016 at 11:35 PM

NB

Sheryl was a great mentor and role model. I will miss her presence.

Nancy Bell - April 14, 2016 at 11:36 PM

JW

“ My thoughts and prayers are with Sheryl's family. Having worked with her for years at Samaritan I will always remember her as a very classy lady. So sorry for your loss.

Jodi Wagner - April 14, 2016 at 10:57 PM

AC

“ So sorry to hear of Sheryl's passing. She was the guiding force in HR at Samaritan while I worked there. She had an amazing presence that was respected by most. Rest peacefully.

Anne Corcoran

anne corcoran - April 14, 2016 at 11:44 AM

KE

“ Kevin Ewanchyna lit a candle in memory of Sheryl A. Helms



Kevin Ewanchyna - April 14, 2016 at 09:04 AM

KE

I share with Christine in lighting a red candle for Sheryl's favorite color. I worked with Sheryl for many years and am saddened by her passing. My thoughts and prayers are with Sheryl and her family.

Kevin Ewanchyna - April 14, 2016 at 09:05 AM

CT

“ I light a red candle in memory of Sheryl. That was her favorite color. I remember her positive and nurturing spirit towards everyone. I will miss you deeply!



Christine Terpack - April 13, 2016 at 10:25 PM

GW

“ *Gail Worden-Acree lit a candle in memory of Sheryl A. Helms*



Gail Worden-Acree - April 13, 2016 at 09:00 PM

GW

Sheryl was a mentor. I am grateful for the time I spent with her and am sad that there was no chance to say goodbye. Rest in peace, Sheryl.

Gail Worden-Acree - April 13, 2016 at 09:04 PM

KG

Prayers and peace for Sheryl's friends and family. I learned much from Sheryl during my time at SHS. Saddened to hear of her passing.

Kevin Gunnell - April 18, 2016 at 01:07 PM

JR

I enjoyed working with Sheryl. She was an intelligent and striking woman. Very sad to hear of her sudden passing. I wish her peace now and always.

Joan Richter - April 25, 2016 at 10:15 PM